

***CV Form***

**Nasim shahrahmani**

***Midwifery Department and Nursing Research Center , Kerman  
University of Medical Sciences, Kerman,IRAN***

***CV (Curriculum Vitae)***

**A. Personal Information**

**First Name:** Nasim

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## B. Education

Degree	Field	Institution	City	Country	Date
M.Sc.	Reproductive Health	Shahid Beheshti medical Science university	Tehran	Iran	2016
Bs.	Midwifery	Kerman medical Science university	kerman	Iran	2012

## C. Academic Appointments

### D. Trainings Passed

#### D.I. Courses:

1. Preparation Labor Classess Tehran .Iran
2. Traditional medicine Tehran .Iran
3. Neonatal Resuscitation Tehran .Iran
4. Clinical skills in pregnancy Tehran .Iran
5. Traditional medicine in pregnancy kerman .Iran
6. Clinical education kerman .Iran

#### D.II. Workshops :

- 1.2018: 3 day" Neonatal care" " Tehran .Iran
- 2.2017: 1 day "Traditional medicine" Tehran .Iran
- 3.2017: 1 day "Clinical skills" Tehran .Iran
- 4.2017: 1 day "Traditional medicine in pregnancy" kerman .Iran
5. 2015: 3 day "Preparation Labor Classess" Tehran.Iran.
6. 2014. 1 day "Neonatal Resuscitation" Tehran. Iran.

## **E. Publications**

1. The Effect of *Zizyphus Jujube* Fruit Lotion on Breast Fissure in Breastfeeding Women
2. The effect of *Zizyphus Jujuba* fruit lotion on improvement of nipple fissure pain in breastfeeding primipara women
3. The effect of green tea ointment on episiotomy pain and wound healing in primiparous women: A randomized, double-blind, placebo-controlled clinical trial

## **F. Experience**

### ***F.I. Teaching***

- 1- Obstetrics
- 2- Management in Midwifery
- 3- Fundamentals of Midwifery clinical skills

### ***F.II. Clinical / Practical***

1. Surgical Unit” to students of midwifery.” Afzalipur *Hospital*. Kerman
2. Health care center” to students of midwifery”. kerman.
3. delivery ward.” to students of midwifery. Afzalipur *Hospital*. Kerman
4. Semiology and physical exam. Afzalipur *Hospital*. Kerman

## G. Research Projects

1. The Effect of *Zizyphus Jujube* Fruit Lotion on Breast Fissure in Breastfeeding Women
2. The effect of *Zizyphus Jujuba* fruit lotion on improvement of nipple fissure pain in breastfeeding primipara women
3. The effect of green tea ointment on episiotomy pain and wound healing in primiparous women: A randomized, double-blind, placebo-controlled clinical trial

## H. Supervisory and Advisory of M.Sc. thesis

the Effect of Motivational-Enhancement Therapy (MET) on the Pattern of Drug Use in Addicted Pregnant Women Referring to Kerman Health Centers in 2018	In progress
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## I. International consultancies

**oral presentation:** The Effect of *Zizyphus Jujube* Fruit Lotion on Breast Fissure in Breastfeeding Women. International Congress of clinical challenges in obstetrics and gynecology and infertility 14th. Tehran

**Poster presentation:** The effect of *Zizyphus Jujuba* fruit lotion on improvement of nipple fissure pain in breastfeeding primipara women .International Congress of clinical challenges in obstetrics and gynecology and infertility. Tehran

### **J.oral presentation:**

- 1-Speaker in workshop entitled " gestational diabetes" in Kerman 2018
- 2- Speaker in workshop entitled " Gestational hypertension" in Kerman 2017
- 3- Speaker in workshop entitled " postpartum hemorrhage" in Kerman 2017
- 4- Speaker in workshop entitled " Urgent Care During Pregnancy" in Kerman 2017

### **K. Membership:**

- 1-Member of research committee in Nursing and Midwifery school
- 2-Member of continuous education in Medical Science of Kerman

### **L. Book:**

Genetics in midwifery

### **M. Research Interests**

- 1- Child development
- 2- Obstetric
- 3- Reproductive health
- 4- Traditional medicine